

CERTIFICATE

OF PARTICIPATION

This is to certify that

Jeandre Spies

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:09:40

PACE 06:57/km

OVERALL 152 of 287

04 December 2016, Sun

Date

GENDER 52 of 130

40+ 16 of 35

